

# VAPING in YOUTH

“According to the Ontario Student Drug Use and Health Survey 2021, youth vaping is growing rapidly.”

“The trend of vaping has sparked concern. Nearly a quarter of Ontario students in grades seven to 12 reported trying an e-cigarette.”

## Let's Learn More

Tobacco, vaping and Youth, York Region. (2023, August 8). <https://www.york.ca/health/substance-use/tobacco-vaping-and-youth>

### VAPING in YOUTH

Health Canada and York Region Public Health and have provided some interactive resources with focus on Vaping in Youth.

Here is a list of some interactive games and educational tools to learn more.

CONSIDER THE CONSEQUENCES OF VAPING – HEALTH CANADA • Interactive games and educational videos providing information about nicotine, the hidden dangers of vaping and the cost of vaping.

- [Health Canada - Vaping Campaigns](#)
- [Teen Vaping and Nicotine](#)

QUASH PROGRAM - a free interactive online smoking/vaping cessation program for youth (14-19) who are interested in quitting. The program is step-by step, evidenced based, and there are customizations available for participants' unique needs and experiences.

- [Website for Information](#)

[Not an Experiment](#) is a digital toolkit to educate and build capacity among educators and youth champions about e-cigarettes and vaping, including an interactive, yet educational Escape Room-style activity.

- [Educational Escape Room](#)